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# **Extreme Measures**

Designed by Wendy Sheppard featuring the Baliscapes: *Plum Fizz* collection SIZE: 67" x 91"



FREE PROJECT



THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC MAY VARY.

PLEASE NOTE: BEFORE MAKING YOUR PROJECT, CHECK FOR ANY PATTERN UPDATES AT WINDHAMFABRICS.COM'S FREE PROJECTS SECTION.







## Extreme Measures

**PROJECT DISCLAIMER:** Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however, no warranty can be given nor results guaranteed. Therefore, we assume no responsibility nor damages that may occur when referring to this pattern. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. We suggest you check **windhamfabrics.com** for pattern updates and to test the pattern prior to making the project. **Test templates first, before cutting all the pieces.** Free projects are not for resale.

WOF STRIP=WIDTH OF FABRIC

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		Lava Solids 100Q-1045 Black	4-5/8	<ul> <li>(12) 7" x WOF strips. Subcut (70) 7" squares.</li> <li>(9) 2-1/2" x WOF strips. Subcut (140) 2-1/2" squares.</li> <li>(8) 4" x WOF strips. Sew strips via short ends.</li> <li>(8) 2-1/4" x WOF strips for binding. Sew strips via short ends.</li> </ul>
В		2745Q-X Purple	1/3	(1) 7" x WOF strip. Subcut (4) 7" and (8) 2-1/2" squares.
С		2748Q-X Plum	1/2	(1) 7" x WOF strip. Subcut (6) 7" squares. (1) 2-1/2" x WOF strip. Subcut (12) 2-1/2" squares.
D		2756Q-X Orange	1/3	(1) 7" x WOF strip. Subcut (4) 7" and (8) 2-1/2" squares.
E	900	2749Q-X Plum	1/2	(1) 7" x WOF strip. Subcut (6) 7" squares. (1) 2-1/2" x WOF strip. Subcut (12) 2-1/2" squares.
F		2751Q-X Magenta	1/3	(1) 7" x WOF strip. Subcut (4) 7" and (8) 2-1/2" squares.
G		2747Q-X Fizz	1/3	(1) 7" x WOF strip. Subcut (4) 7" and (8) 2-1/2" squares.
Н		2752Q-X Magenta	1/3	(1) 7" x WOF strip. Subcut (4) 7" and (8) 2-1/2" squares.
I		2758Q-X Honey	1/2	(1) 7" x WOF strip. Subcut (6) 7" squares. (1) 2-1/2" x WOF strip. Subcut (12) 2-1/2" squares.
J		2759Q-X Melon	1/3	(1) 7" x WOF strip. Subcut (4) 7" and (8) 2-1/2" squares.
K		2757Q-X Orange	1/2	(1) 7" x WOF strip. Subcut (6) 7" squares. (1) 2-1/2" x WOF strip. Subcut (12) 2-1/2" squares.
L	A P	2755Q-X Pink	1/3	(1) 7" x WOF strip. Subcut (4) 7" and (8) 2-1/2" squares
M		2746Q-X Purple	1/2	(1) 7" x WOF strip. Subcut (6) 7" squares. (1) 2-1/2" x WOF strip. Subcut (12) 2-1/2" squares.
N		2750Q-X Plum	1/2	(1) 7" x WOF strip. Subcut (6) 7" squares. (1) 2-1/2" x WOF strip. Subcut (12) 2-1/2" squares.
0		2754Q-X Pink	1/2	(1) 7" x WOF strip. Subcut (6) 7" squares. (1) 2-1/2" x WOF strip. Subcut (12) 2-1/2" squares.
		Backing	5-5/8	Batting: 75" x 99"

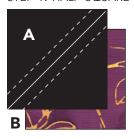


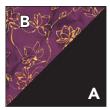
### Extreme Measures

#### **BLOCK ASSEMBLY**

- **1. HST Units:** Draw a diagonal line on wrong side of (1) **A** 7" square. Place **A** and (1) **B** 7" square right sides together, with **A** on top, as shown in diagram. Sew 1/4" away from both sides of drawn line. Cut along drawn line. Open and press for (2) **AB** HST units. HSTs units should measure 6-1/2" square raw edge to raw edge.
- **2. Diagonal Units:** Draw a diagonal line on wrong side of (1) **A** 2-1/2" square. Place **A** square, right sides together, at the **B** corner of (1) **AB** HST unit, as shown in diagram. Sew on drawn line. Trim 1/4" away from sewn line. Open and press to reveal **A** corner triangle. Repeat for opposite corner using (1) **B** 2-1/2" square. Make (8) **AB** block units.

STEP 1: HALE-SOUARE TRIANGLE DIAGRAMS





MAKE 16 **AB** HSTs

STEP 2: BLOCK UNIT DIAGRAMS



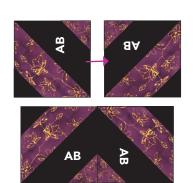




MAKE 8 AB UNITS

**3.** Repeat steps 1 and 2 to make the following block units: Note **M** and **N** fabric orientation.







- **4. Block Unit:** Arrange and sew together (4) **AB** block units as shown in diagram. Square block to 12-1/2". *Note proper rotation of diagonal units.* Make (2) **AB** Blocks. Set aside.
- **5.** Repeat step 4. to complete remaining **AC-AO** blocks. Refer to Quilt Diagram on page 3.

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MAKE 2 AB BLOCKS

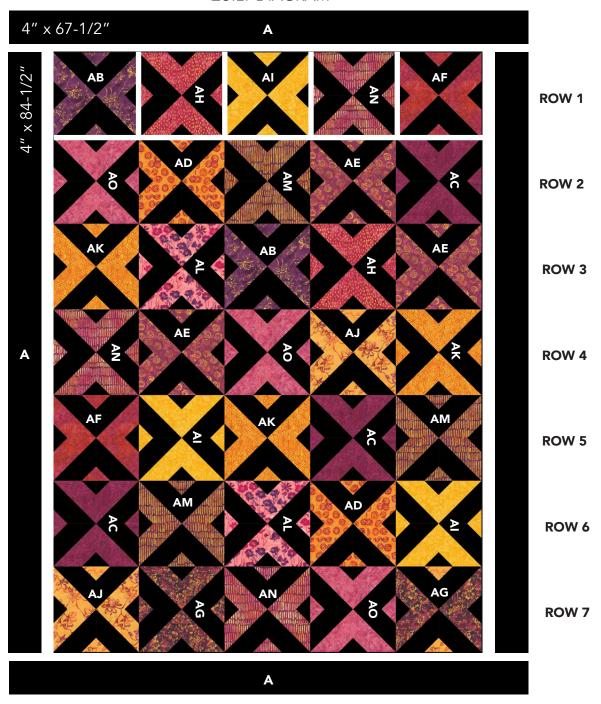


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#### **QUILT ASSEMBLY**

- **6. Pieced Rows:** Arrange and sew together 5 blocks to make rows 1-7 as shown in Quilt Diagram. *Note proper placement and rotation of blocks.* Sew rows together to complete quilt top.
- **7. Border:** From long **A** 4" strip, cut (2) strips at 84-1/2" and sew one strip to the opposite long sides of quilt top. Cut (2) strips at 67-1/2" and sew one strip to top and to bottom of quilt top.

#### **QUILT DIAGRAM**



**FINISHING:** Layer quilt top, batting and backing together to form quilt sandwich. Baste and quilt as desired. Bind using **A** 2-1/4" strips.