Designed by Sue Pickering Featuring the Bon Appétit Collection by Whistler Studios Size 45" X 57"





Check www.windhamfabrics.com Free Project section to see if there are any pattern updates before you start your quilt



Designed by Sue Pickering Featuring the Bon Appétit Collection by Whistler Studios Size 45" X 57"

Estimates for yardage assume long border strips are pieced. Additional fabric needed for strips cut on the lengthwise grain. All strips are cut across the with of the fabric unless noted (\*) otherwise. Seam allowances of 1/4" are included in all measurements.

Fabric	Yards	Fabric Number	Fabric Placement	Rotary Cutting
	3/8	35432-2 Tan	Squares in Star Blocks	*Fussy Cut 20-3 7/8" Squares.
	1/3	35437-4 Gold	Border Strips	Cut 2-2 ½" x 40 ½" strips.
			16 Star Points	Cut 1-4 ½" strip. Recut into 4 squares. Cut twice diagonally.
	1 ½ yard	35437-5 Red	64 Star Points (Check for correct size with templates D and E.)	Cut 4-2 5/8" strips. Recut into 32-4 5/8" rectangles. Cut diagonally 16 right and 16 left.
<i>ૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺૺ</i>			16 Lg. Turnstile Triangles	Cut 1-3 3/8" strip. Recut 4-3 3/8" squares. Cut diagonally once.
			16 Sm. Turnstile Triangles	Cut 1-3 ¾" strip. Recut 4-3 ¾" squares. Cut diagonally twice.
			Checkerboard Strip Sets	Cut 3-2 ½" strips.
			Binding	Cut 5-2 1/2" strips.





Page 2

	1/2	35434-5 Red	32 Star Background Triangles 32 Star Background	Cut 2-4 1/8" strips. Using template B cut 32 triangles.  Cut 2-2 1/8" strips. Recut into
aejeuner la cuille	2/0	35433-1	Squares	32 squares.
euf diner tit le Poulet	3/8	Black	Spacing Strips	*Fussy cut 2-2 ½" strips. Trim each to 40 ½" long.
	3/8	35434-4 Gold	Turnstile Block Background	Cut 1-3 3/4" strip. Recut into 8 squares. Cut each square twice diagonally.
			Checkerboard Strip Sets	Cut 3-2 ½" strips.
	7/8 yard	35435-1 Black	Outside Border	Cut 6-2 ½" strips. Join/trim strips to correct lengths.
			32 Star Background Squares	Cut 2-2 1/8" strips. Recut into 32 squares.
			Star Background Triangles	Cut 1-4 ½" strip. Recut into 4 squares. Cut each square diagonally twice.
	1/4 yard	35436-1 Black	16 Star Background Squares	Cut 1-2 1/8" strip. Recut into 16 squares.
	1/8 yard	35435-6 Blue	32 Star Background Squares	Cut 2-2 1/8" strips. Recut 32 squares





Page 3

	½ yard	35436-5 Red	48 Star Background Squares Spacing Strips	Cut 3 2 1/8" strips. Recut into 48 squares.  Cut 2-2 ½" strips.
			Spacing Strips	Trim each to 40  ½" long.
			16 Star Points	Cut 1-4 1/8" strip. Recut into 4 squares. Cut each square diagonally twice.
	1/4	35437-6 Blue	16 Lg. Turnstile Triangles	Cut 1-3 3/8 strip. Recut into 8 squares. Cut diagonally once.
			16 Small Turnstile Triangles	Cut 1-3 ¾" strip. Recut into 4 squares. Cut each square diagonally twice.

### **Rotary Cutting Hints**

- $\square$  Starch fabrics before cutting. I mix a solution of  $\frac{1}{2}$  water to  $\frac{1}{2}$  liquid starch in a spray bottle. Spray then iron your fabric before cutting. Less stretching of bias edges.
- Organize your pieces. I use inexpensive white paper plates. They can be written on for reminders and to keep count of your pieces.. They can be stacked on top of each other to save for a future sewing time. And reused over and over.
- ☐ Check and double check that you are sewing an accurate ¼" seam allowance.
- ☐ When making template B for the Garden Patch Star background triangle, be sure it measures (Including seam allowances.) 4 1/8" tall and 4 1/8" across the base line. Your printer/program may not print it accurately. I use graph template plastic. For the most efficient use of the fabric strips rotate the template on alternate cuts-base line up, then baseline upside down.
- ☐ To check you cutting accuracy for templates E and D they should measure 3 7/8" long by 2 ¼" wide. Refer to the cutting diagrams to cut rights and lefts.
- □ Note templates are included only for the Garden Patch Variation star, because of their oblique angles. The seam allowances are pictured with points trimmed by EQ7 for ease in piecing.





### Page 4

#### Check out the Checkerboards

- 1. **Checkerboard**-gather the 3 red strips and the three background strips.
- 2. Sew into strip sets as pictured. Center strip must measure 2" after sewing. If it doesn't check your cut strip width then check your seam allowance size. Correct any errors and proceed to the next step.
- 3. Recut each finished strip set into 10-2 ½" segments.
- 4. Join the segments as pictured. Finished rows of segments need to be 40 ½" long.



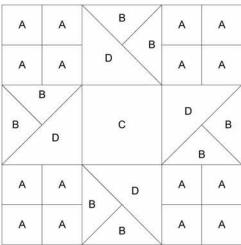
#### Reach for the Stars

Refer often to the pictures, be sure to use the correct fabrics for each star. All seam allowances are ¼" and included in cut sizes. Iron seams to toward the darker fabrics where possible. If you feel there will be too much bulk iron seam open. I trim the 'ears' that stick out of pieced triangles as I iron.

- 1. **Key Lime Pie Star**-gather the pieces for the 4 stars. You will need: 16 large red check triangles, 16 gold small triangles, 16 black small triangles and 32 black squares and 32 blue squares, and 4 fussy cut chicken squares.
- 2. Make the 16 star unit segments first. Join the small black and the small gold triangles, iron seams open. Trim 'ears'. Sew those to the red check triangle.
- 3. Make the 16 four patch segments. Sew the black and blue squares in pairs, then join the pairs to make the four patches.
- 4. Refer to the diagram and sew the segments into rows, then sew the rows together.
- 5. Sew the 4 blocks together side by side to make a row. The row should measure 40 1/2"

### **Key Lime Pie**

Key Block (5/20 actual size)

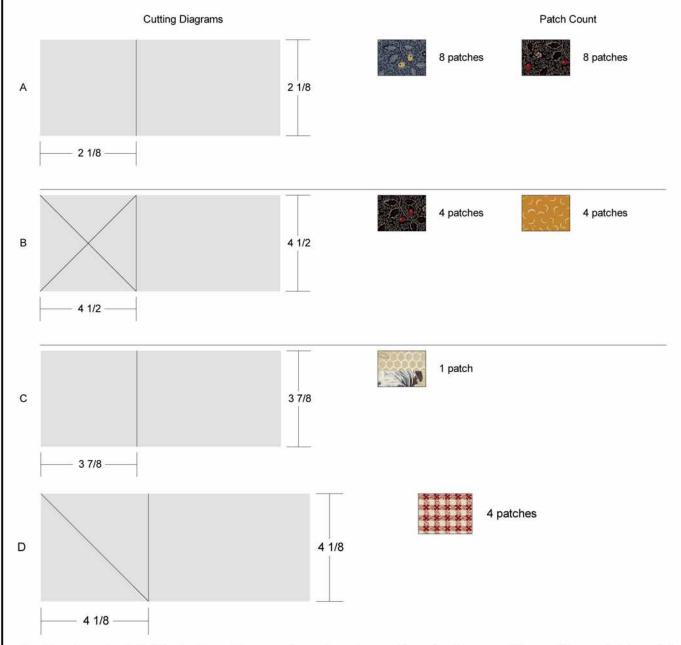






WINDHAM FABRICS

Page 5



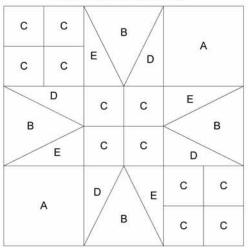
- 1. Garden Patch Variation Star-gather the pieces for the 8 stars. You will need 64 red long triangles, 16 black check squares, 48 red check squares, 16 fussy cut chicken squares, 32 template cut background triangles, and 32 background squares.
- 2. Make the 32 star unit segments. Notice that the long red triangles have rights and lefts. Sew one right and one left to the background triangle and iron seams toward the red long triangles. Trim 'ears'.
- 3. Sew the 8 center four patch segments.
- 4. Sew the 16 four patch corner units.
- 5. Refer to the diagrams and sew the segments into rows, then sew the rows together.
- 6. Sew 2 rows of 4 blocks each. The rows should measure 40 1/2" long.



Page 6

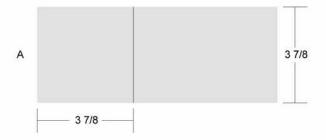
#### **Garden Patch Variation**

Key Block (5/20 actual size)





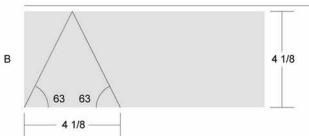
**Cutting Diagrams** 



Patch Count



2 patches





4 patches





4 patches



6 patches

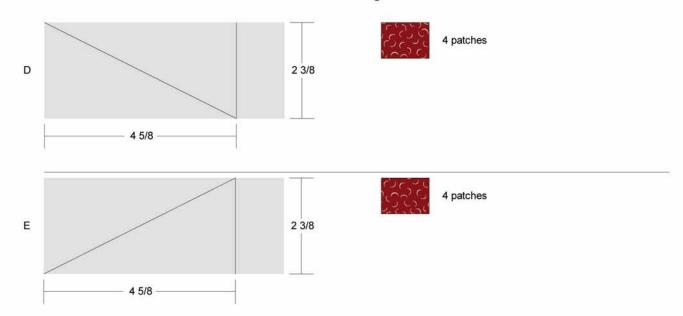




\_\_ 2 1/8 \_\_\_

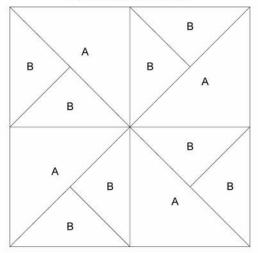
WINDHAM FABRICS

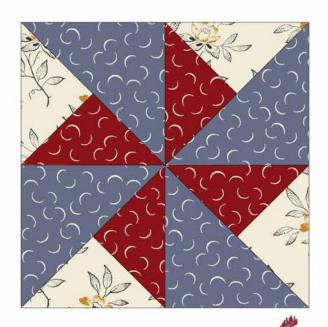
Page 7



- 1. **Turnstile Pinwheel Blocks**-gather the pieces for the 8 pinwheels. You will need 16 large blue triangles, 16 small blue triangles, 16 large red triangles, 16 small red triangles and 32 small background triangles.
- 2. Sew all the small red B triangles to the small background B triangles. Repeat with the blue B's. Make the 16 triangle segments featuring the large blue triangles. Make the 16 triangle segments featuring the large red triangles.
- 3. Make the completed block by sewing 4 triangle segments as pictured. There will be 4 mainly blue blocks and 4 mainly red blocks. Sew the blocks together alternating blue then red then blue, etc. The row of blocks should measure 40 ½".

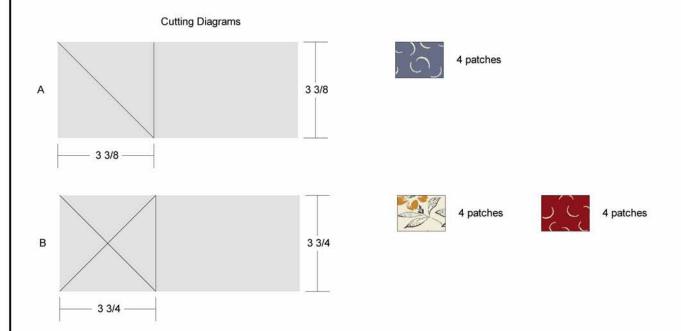
Key Block (1/2 actual size)







Page 8



**Assemble the top**-Referring to the picture sew the pre-assembled rows of stars and blocks together. (Don't forget the spacer strips you cut so long ago.) Measure the top and add the border strips to the sides, then to the top and bottom.

### Quilt and bind as desired.

**Quilting ideas-**when I can't decide on a design I default to stitch in the ditch! In this case that would be between all the rows and all the strips. Usually by the time that is done I have thought of another free motion motif for one of the blocks. For example the Turnstile blocks could have spirals radiating out from the center. I hate to mark designs, I think in the time it takes to mark the top I could have had it quilted. But, if intense hand or machine quilting is your thing--go for it. My thing is designing and accurate piecing. I also love to send tops to my local machine quilter, a check fixes everything!

For Questions about this Quilt, Please Contact Sue Pickering at: SuePickeringQ@aol.com

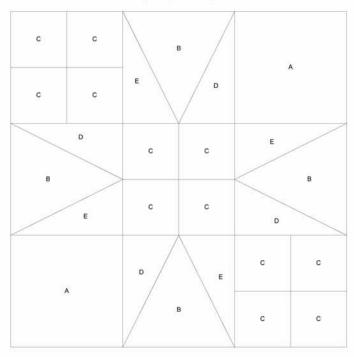
Be sure to visit www.windhamfabrics.com to see the complete collection and to download other Free Projects

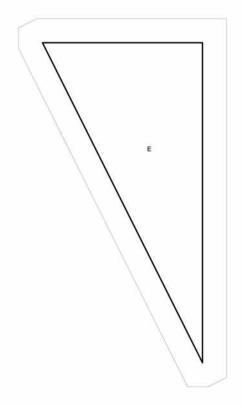


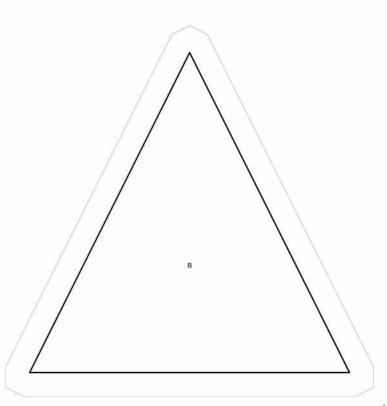
**Garden Patch Variation** 

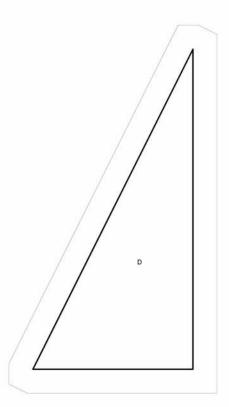
Page 9

Key Block (7/20 actual size)









WINDHAM FABRICS