Sunshine and Shadows
Designed by Jean Katherine Smith
Featuring the Chesapeake Collection by Williamsburg®
Size: 72 1/2" x 72 1/2"

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## Sunshine and Shadows

Designed by Jean Katherine Smith  
Featuring the Chesapeake Collection by  

### Size: 72 1/2” x 72 1/2”

<table>
<thead>
<tr>
<th>Fabric Picture</th>
<th>Quantity</th>
<th>Fabric Number</th>
<th>Placement of Fabric</th>
<th>Cutting</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Fabric" /></td>
<td>1/2 yard</td>
<td>33862-1</td>
<td>Border Squares</td>
<td>20 – 5 1/2” squares</td>
</tr>
<tr>
<td><img src="image2" alt="Fabric" /></td>
<td>1/2 yard</td>
<td>33862-2</td>
<td>Border Squares</td>
<td>20 – 5 1/2” squares</td>
</tr>
<tr>
<td><img src="image3" alt="Fabric" /></td>
<td>1 1/4 yards</td>
<td>33863-2</td>
<td>Border</td>
<td>4 – 5 1/2” x 62 1/2”</td>
</tr>
<tr>
<td><img src="image4" alt="Fabric" /></td>
<td>7/8 yard</td>
<td>33864-3</td>
<td>4 corner squares</td>
<td>4 – 3” Squares</td>
</tr>
<tr>
<td><img src="image5" alt="Fabric" /></td>
<td>4 corner squares</td>
<td>33864-3</td>
<td>Small border Binding</td>
<td>2 – 1 1/2” x 55 1/2”</td>
</tr>
<tr>
<td><img src="image6" alt="Fabric" /></td>
<td>7/8 yard</td>
<td>33864-3</td>
<td>4 corner squares</td>
<td>2 – 1 1/2” x 57 1/2”</td>
</tr>
<tr>
<td><img src="image7" alt="Fabric" /></td>
<td>1 1/4 yards</td>
<td>33865-3</td>
<td>Border Part of block</td>
<td>8 – 2 1/4” strips for binding</td>
</tr>
<tr>
<td><img src="image8" alt="Fabric" /></td>
<td>1 1/4 yards</td>
<td>33865-3</td>
<td>Border Part of block</td>
<td>2 – 3” x 62 1/2”</td>
</tr>
<tr>
<td><img src="image9" alt="Fabric" /></td>
<td>1 1/4 yards</td>
<td>33865-3</td>
<td>Border Part of block</td>
<td>2 – 3” x 57 1/2”</td>
</tr>
</tbody>
</table>

### Cutting the Fabric

Measurements include ¼” seam allowances.  
All cuts are the width of the fabric unless otherwise indicated.
<table>
<thead>
<tr>
<th>Material</th>
<th>Quantity</th>
<th>Design</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Center of block</td>
<td>1/2 yard</td>
<td>33866-2</td>
<td>Using the Templates cut with seam allowance: 4 – D Or cut one 15 circle (13” finished size) circle. See #7. 4 – 5 1/2” squares</td>
</tr>
<tr>
<td>Border</td>
<td>5/8 yard</td>
<td>33867-2</td>
<td>4 – 3” x 40 1/2” Using the Templates cut with seam allowance: 4 – M 4 – H</td>
</tr>
<tr>
<td>12 Large Triangles</td>
<td>1/2 yard</td>
<td>33867-3</td>
<td>Using the Templates cut with seam allowance: 4 – J 8 – G</td>
</tr>
<tr>
<td>4 Large Triangles 4 Small Triangles</td>
<td>1/4 yard</td>
<td>33867-4</td>
<td>Using the Templates cut with seam allowance: 4 – C 4 – E 4 – I</td>
</tr>
<tr>
<td>4 Large Triangles 4 Small Triangles</td>
<td>1/4 yard</td>
<td>33868-2</td>
<td>Using the Templates cut with seam allowance: 4 – H 4 – L</td>
</tr>
<tr>
<td>8 Large Triangles 8 Half Triangles</td>
<td>1/2 yard</td>
<td>33868-3</td>
<td>Using the Templates cut with seam allowance: 4 – B 4 – F 8 – K</td>
</tr>
</tbody>
</table>

**Additional Material Needed:**
- 4 1/3 yards for backing
- 76” x 76” Quilt Batting
- Freezer Paper
Making the Quilt

Center Medallion

1. After cutting out all the template pieces, arrange them according to the Key Block and Quilt Guide to check fabric placement. This medallion center can be made as four blocks with pieced center or as a solid fabric center circle which can be appliquéd to the sewn together 4 blocks. I have given instructions for the solid middle center.

2. Make four blocks as follows: For the inner ring sew two pieces together – C & G, L & J, M & G. Press seams open. Sew these sections together. Press seams open. D1

3. For the outer ring sew two pieces together – B & H, K & I, K & H. Press seams open. Sew these sections together. Press seams open. D2

4. Pin the two ring sections together, matching seams, sew together. D3

5. Sew section A to outer ring. Find the center by folding in half and marking. Pin and sew the gentle curve. D4

6. Sew four sections together. D5
7. To add center
   a. Cut a 13” circle out of freezer paper
   b. Iron to wrong side of fabric, centering it on the design you want
   c. Leaving a ¼” seam allowance cut out circle
   d. Stitch with a long length stitch ½” around the outside leaving the thread tails for pulling
   e. Pull the threads, gathering the fabric around the freezer paper circle.
   f. Press edge removing all little pleats around the edge
   g. Place on top, pinning in place with ¼” seam allowance under edge of circle.
   h. Stitch around edge with matching thread or invisible thread
   i. Pull paper from back side

Adding Borders

1. Sew a 2 ½” blue border to each side of quilt center. Add two gold squares to the ends of the remaining two border stripes. Sew to the top and bottom of quilt. Press.
2. For the next border use the 5 ½” square. Sew together nine squares alternating light and dark squares, starting with a light square. Make four strips. Sew two of the strips to either side of quilt. Sew a dark square to each end of remaining two strips. Sew to top and bottom of quilt. Press.
3. Add narrow gold border by sewing side strips first, then adding top and bottom strips. Press. Trim as needed.
4. Add the next border the same way.
5. To add the last border, sew a strip to each side of quilt. Add two squares to the ends of the remaining two border stripes. Sew to the top and bottom of quilt.

Finishing the Quilt

1. Divide backing into 2 lengths. Join panels lengthwise.
3. Join 2 ¼ “ wide strips into 1 continuous piece for straight-grain French-fold binding. Fold lengthwise and press. Trim and square quilt. Sew binding to quilt with a quarter inch seam. Either hand stitch in place; or turn, press, and machine stitch in the ditch.

*From Improv Quilt Design Studio

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Sunshine and Shadows

Page 5

Rising Sun

Key Block (18/50 actual size)
TEMPLATE A

Do not size to fit paper when printing. Pattern is to scale
Sunshine and Shadows

A
Join to A
Main part

Page 7

TEMPLATE J & Partial A

Do not size to fit paper when printing. Pattern is to scale

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Do not size to fit paper when printing. Pattern is to scale.
TEMPLATE K

Do not size to fit paper when printing. Pattern is to scale.
Do not size to fit paper when printing. Pattern is to scale.
Do not size to fit paper when printing. Pattern is to scale.
Do not size to fit paper when printing.
Pattern is to scale
TEMPLATES A & M

Do not size to fit paper when printing.
Pattern is to scale

join to Section A
Do not size to fit paper when printing.
Pattern is to scale
Do not size to fit paper when printing.
Pattern is to scale